

Interview Guide

(Examples of possible questions/prompts to generate discussion)

What does it take to become an expert coach?

Describe your coaching journey.

Do you feel there are distinct coaching contexts/domains within equestrian sport and could you define them?

Do you feel that you coach more within one context than any other and why?

What would your perfect athlete to coach look like? Why?

Due to the variety of abilities and ages of athletes that participate in sports, it has been suggested that coaching occurs within different contexts accordingly...what is your opinion/experience/views

Coaching Contexts/competencies model:

12 years and younger	13-18 year old (transition)	Adult Participation	Performance Development	Elite Performance
				

What are your thoughts?

So... my research is focusing on performance development, an area that you have been identified as working within.

What capabilities do you feel are essential to be an effective performance development level coach?

What do you need in your coaching tool box?

Are there some things that you HAVE to have and some that just make you extra special?

When, where and how does this coaching expertise develop?

How is it best learned?

How has coach education impacted your coaching and development?

What value have you found in it?

- benefits
- drawbacks
- problems
- why did you do it
- would you do it all over again

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